Lacrosse New Brunswick – Practice Plan

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| Division: | Date: | Time: | Practice # |
| Objectives: | | | |

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| Time: | Drill Name: |

Description & key teaching points:

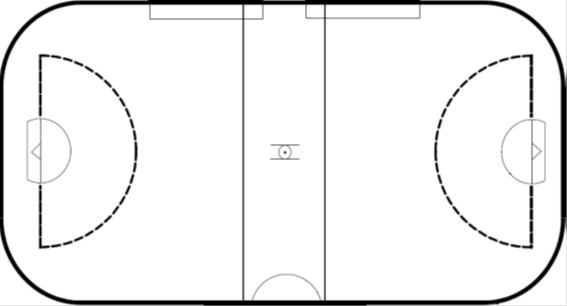
Description & key teaching points:

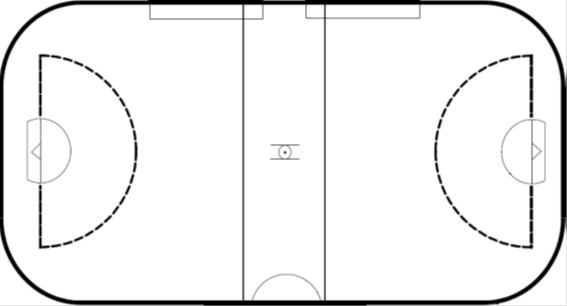
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| Time: | Drill Name: |

Description & key teaching points:

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Description & key teaching points:




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Description & key teaching points:

